

Abstract

Visual-motor integration is an ability to coordinate the visual information and limb movement, which has direct relevance to Chinese handwriting ability. Interestingly handwriting practice can also improve Chinese reading. However, the relationship between visual-motor integration and reading ability in Chinese is unclear. The present study investigated the role of visual-motor integration skills in reading Chinese among children with and without developmental dyslexia. In the study Chinese children with developmental dyslexia (DD-Group), chronological-age-matched children (CA-Group), and reading-level-matched children (RL-Group) were asked to participate in reading and reading related tasks as well as word-copying and picture-copying (visual-motor integration) tasks. The results revealed that the DD-Group performed significantly worse than the CA-Group on the word copying task, and that the DD-Group performed similarly to the RL-Group on the reading and reading related tasks and the word-copying task. However, the DD-Group performed significantly worse than the CA- and RL-Groups on the visual-motor integration task. Further, when age and intelligence were controlled visual-motor integration and word-copying skills could explain 14% and 16% of the variance in reading skills respectively. When reading-related cognitive skills were controlled, visual-motor integration skills could still explain 8% of variance in reading skills, but word-copying skills did not. The results of the current study indicated for the first time that visual-motor integration skills play an essential role in reading Chinese independent of word copying ability.

Keywords Chinese developmental dyslexia, reading, word copying, visual-motor integration

1 Learning to read involves a complex system of relatively broad multiple skills
2 including visual (Kevan & Pammer, 2009), phonological (Ziegler & Goswami, 2005),
3 orthographic (Booth et al., 2002; Price & Devlin, 2011) and semantic processing
4 (Price, Moore, Humphreys, & Wise, 1997). In a prominent theory, children's
5 sensitivity to the phonological structure of words plays a vital role in reading
6 acquisition (Vellutino & Scanlon, 1986). Extensive research lends support to this
7 theory, suggesting that children's phonological processing ability serves as a general
8 mechanism governing reading performance in alphabetic languages (Bradley &
9 Bryant, 1983; Wydell & Butterworth, 1999). Others however showed that other
10 cognitive skills such as orthographic processing, rapid naming and morphological
11 awareness skills are also related to reading development (Booth et al., 2002). Thus,
12 acquisition of lexical orthographic processing skills is essential in word reading
13 (Badian, 1997).

14 **I. Visual-motor integration and Handwriting**

15 It is known that handwriting practice can help the learning of word orthography
16 rather than typing (Longcamp et al, 2005). As individuals engage in handwriting
17 practice, they become faster and proficient to recall and execute the commands to
18 produce legible letter/word form (Medwell & Wray, 2014). This is because
19 handwriting could aid pattern recognition when reading because of more practiced
20 recall of letter/word forms (Waterman, Havelka, Culmer, Hill, & Mon-Williams,
21 2015).

22 Some researchers thought that the relationship between reading and handwriting

1 might rely on the motor aspects of handwriting (Longcamp et al., 2005; Longcamp et
2 al., 2016). The skill is learning how to generate motor commands that result in the
3 hand producing a representation of a visual shape (alphabetic symbol). Definition of
4 this psychological process is “visual-motor integration” (VMI) (the coordination and
5 integration between the visual perception and finger–hand movements (Tinker, 1940).
6 Weintraub and Graham (2000) found that in alphabetic languages visual-motor
7 integration skills made a unique and significant contribution to the *handwriting status*
8 of fifth grade elementary school children. Handwriting status (e.g., good vs poor) was
9 determined by the Test of Legible Handwriting (TOLH) (Larsen & Hammill, 1989).
10 Weintraub and Graham asked their participants to write alphabetic letters for 15
11 minutes, and subsequently each handwritten letter was rated on a scale of 1-9 point,
12 and thus the handwriting status represented the handwriting legibility of participants.
13 Moreover, another study revealed that participants with a difficulty in handwriting had
14 been found to show a visual-motor dysfunction, and thus the study suggests that there
15 appear to be a direct relationship between visual-motor integration and handwriting
16 (Volman, van Schendel, & Jonmans, 2006).

17 A Chinese character is composed of strokes and radicals that are packed into a
18 square configuration, possessing a high, nonlinear visual complexity (Chow, Choy, &
19 Mui, 2003; Tan et al., 2005). Thus, in order to write Chinese characters legibly it is
20 necessary to visually discriminate differences in structures and positions of strokes
21 first (Huang, 1984), and also necessary to be aware of a high-order organization of
22 strokes and radicals (Tseng, 1993). A perceptual-motor ability, which may result in

1 pairing of hand movement and language stimuli will help form a close association
2 between long-term motor memory of Chinese characters and visual representations of
3 written Chinese. Thus the perceptual-motor ability may facilitate the development of
4 Chinese handwriting skills.

5 It has been suggested that visual-motor integration skills, as a kind of
6 perceptual-motor ability, is related to Chinese handwriting ability. For example, Tseng
7 and Chow (2000) found that the performance of slow hand-writers was significantly
8 poorer than that of normal hand-writers for visual perception, visual-motor integration
9 and fine motor coordination tasks. The results of a stepwise regression analysis to
10 identify the strongest predictors of handwriting speed for each group showed that
11 visual-motor integration was a significant and the strongest predictor of handwriting
12 speed for the slow hand-writers. For the normal speed hand-writers, age and
13 fine-motor coordination were the only significant predictors. These results seem to
14 suggest that slow and normal hand-writers responded to the processes required for
15 handwriting through different visual and motor skills. All these results suggest that
16 visual-motor integration skills play a significant role in handwriting in Chinese.

17 Studies also revealed that children with developmental dyslexia have difficulty in
18 handwriting (Afonso, Suárez-Coalla, & Cuetos, 2015; Martlew, 1992). Developmental
19 dyslexia (DD) is a specific reading impairment which is not accounted for by general
20 intelligence, learning opportunities, general motivation, or sensory acuity (Lyon,
21 Shaywitz, & Shaywitz, 2003). Afonso et al.'s study (2015) revealed that people with
22 dyslexia produced longer writing latencies including inter-letter intervals, writing

1 duration and also produced more errors than their peers without dyslexia in a direct
2 copy transcoding task and a spelling-to-dictation task. Sumner, Connelly and Barnett
3 (2013) found that children with dyslexia copied fewer words per minute than
4 age-matched controls. Their dyslexic children also paused longer within words than
5 their age matched controls did. Sumner et al. further found that the time of
6 within-word pausing was correlated to reading ability only for the children with
7 dyslexia. These results thus suggested that handwriting ability has a close relationship
8 not only with handwriting but also with reading ability.

9 English-speaking children with developmental dyslexia are also found to have a
10 deficit in visual-motor integration skills (Emam & Kazem, 2014; Hammill, 2004). For
11 example, Emam and Kazem (2014) asked children to complete the Full Range Test of
12 Visual Motor Integration (FRTVMI) (Hammill, Pearson, Voress, & Reynolds, 2006),
13 which includes 18 geometric shapes and figures. Participants were asked to copy all
14 18 figures on a piece of paper directly. Emam and Kazem found that the performance
15 of children with dyslexia on this particular test was poorer than that of
16 typically-developing children.

17 Writing difficulty is also a major deficit in Chinese children with dyslexia
18 (Cheng-Lai, Li-Tsang, Chan, & Lo, 2013; McBride-Chang, Chung, & Tong, 2011).
19 Cheng-Lai et al. (2013) for example showed that Chinese dyslexic children performed
20 significantly poorer than-typically-developing Chinese children on a word copying
21 task. The Chinese dyslexic children often wrote characters exceeding the grids.

22 It is often found that Chinese children with dyslexia have a visual-motor

1 integration deficit, and some researchers found that visual-motor integration skills
2 played a significant role in Chinese writing. For example, Cheng-Lai et al. (2013)
3 investigated the relationships between writing-to-dictation, handwriting performance
4 measured by the Chinese Handwriting Assessment Tool (Li, Leung, Lam, & Li-Tsang,
5 2008), orthographic awareness, visual-perceptual skills, fine motor skills,
6 visual-motor integration, ocular-motor control and rapid naming in Chinese children
7 with dyslexia. It was found that children with weaker visual-motor integration ability
8 produced more characters exceeding the grid, with more variability in character size
9 (with a larger standard deviation) in their handwriting.

10 **II. Visual-motor integration and Reading**

11 Interestingly some studies found that handwriting practice improved reading
12 ability by fostering orthographic learning (Longcamp, Zerbato-Poudou, & Velay, 2005:
13 Longcamp, Richards, Velay, & Berninger, 2016). Longcamp et al. (2005) indicated
14 that letters were learned through the coordination of a visual configuration and hand
15 movements. This suggests that letters are not represented solely by their visual
16 characteristics but more broadly on the basis of a multimodal representation in which
17 one of the components is sensorimotor in nature. Visual-motor integration can help to
18 combine the visual information of the letter and finger-hand motor component to
19 facilitate letter recognition (Goldstein & Britt, 1994; Santi, Francis, Currie, & Wang,
20 2015). Recently, Bellocchi et al. (2017) found that kindergarten children's
21 visual-motor integration and phonological awareness skills predicted their reading
22 outcomes in Grade-1. Similarly, Sortor and Kulp (2003) showed that children in the

1 upper quartiles in reading test performed significantly better than children in the lower
2 quartiles in visual-motor integration test. They also found that the score of
3 visual-motor integration was significantly correlated with reading score. Moreover, a
4 meta-analysis study conducted by Hammill (2004) showed visual-motor integration
5 was one of the significant predictors of reading ability in alphabetic language users
6 (e.g., Norway, UK, and USA). It was revealed that visual-motor integration is also
7 associated with reading ability in alphabetic languages

8 As a logographic writing system, visual configuration of a Chinese character is
9 markedly different from that of an alphabet (Chung, Ho, Chan, Tsang, & Lee, 2011),
10 and orthographic processing skills play a more prominent role in reading Chinese for
11 particularly Chinese children (Ho, Chan, Lee, Tsang, & Luan, 2004). Tan and his
12 colleagues (2005) found that Chinese character copying ability was associated with
13 reading proficiency for beginning-level readers (7-8 years old) and intermediate-level
14 readers (9-10 years old) of Chinese primary school children, and this could explain
15 22.2% and 19.8% of the variance in reading performance for intermediate-level
16 readers and for beginning-level readers respectively. When phonological processing
17 skills and rapid naming skills were statistically controlled, character-copying still
18 contributed 10.4% and 3.6% of the variance in reading for intermediate and
19 beginning-readers, respectively. Tan et al. concluded that handwriting might influence
20 reading through orthographic awareness and/or motor programming, and handwriting
21 skills contributed more to reading for students with a higher level of reading skills.

22 However, in their study, some reading-related skills such as orthographic

1 awareness and morphological awareness were not controlled, and thus some
2 researchers argued that these reading-related skills were indeed related to reading
3 skills themselves (Siok & Fletcher, 2001) and handwriting (Wang, McBride-Chang, &
4 Chan, 2014).

5 It was further reported that handwriting ability in children with dyslexia also
6 predicted the reading performance of these children independently. McBride-Chang et
7 al. (2011) asked 21 Chinese children with dyslexia (7-9 years of age) and 33 age and
8 non-verbal IQ matched Chinese children to copy unfamiliar scripts. The copying
9 materials were words in foreign languages such as Korean, Vietnamese and Hebrew.
10 Results of a hierarchical regression analysis revealed that the copying could explain
11 6% of the variance in reading when rapid naming, morphological awareness and
12 orthographic skills were statistically controlled. McBride-Chang et al. thus concluded
13 that novel word copying skills reflected pure copying abilities which are important
14 when discussing literacy skills development in Chinese.

15 However, it is worth noting that copying unfamiliar scripts is similar to copying
16 complex geometric pictures. Visual-spatial configurations of unfamiliar script (e.g.
17 Korean) or geometric pictures are complex. When children are asked to copy
18 unfamiliar scripts or geometric pictures, they cannot make use of language related
19 cognitive skills to undertake these copying tasks. The children have to progressively
20 copy components of unfamiliar stimuli by utilizing and integrating visual-perceptual
21 and motor skills. Therefore copying unfamiliar scripts may not just be the reflection
22 of pure copying ability (the latter argument of which was put forward by

1 McBride-Chang et al, 2011) but also be the resulting performance of the integrated
2 visual-perceptual and motor processes. The influence of copying unfamiliar stimuli
3 for Chinese reading may be due to the visual-motor integration skills.

4 In general, it seems that reading skills are directly related to handwriting skills in
5 Chinese children with (Chan et al., 2006; McBride-Chang et al., 2011) or without
6 (Tan et al., 2005; Wang et al., 2014) dyslexia, and that visual-motor integration skills
7 are significantly correlated with handwriting skills in Chinese children (Cheng-Lai et
8 al., 2013; Tseng & Chow, 2000). Reading fluency test was widely used to test the
9 reading efficiency (Shaywitz , Morris, & Shaywitz, 2008; Tan et al., 2005). Some
10 studies found a special connection between reading fluency and visual-motor
11 integration in children with (Emam & Kazem, 2014) and without dyslexia (Bellocchi
12 et al., 2017; Santi et al., 2015) in alphabetic languages. For Chinese children with
13 dyslexia, researchers also found that ability to copy unfamiliar scripts, which was
14 similar to visual-motor integration skill, was correlated with reading fluency (e.g.,
15 McBride-Chang et al., 2011). So reading fluency was selected as the outcome
16 measure in the present study. It is therefore reasonable to assume that visual-motor
17 integration skills are also a significant predictor for reading fluency in Chinese
18 children. Naka and Naoi's earlier study (1995) can also lend support to Waterman et
19 al.'s conclusion, in which they revealed that the most effective way of learning to read
20 Japanese Kanji (similar to Chinese) characters is repeated writing. In other words,
21 handwriting has positive influence on reading.

22 In order to investigate this conjecture, which is the relationship between
23 visual-motor integration skills and Chinese reading ability, the present study asked
24 Chinese children with and without dyslexia to undertake reading, handwriting,

1 visual-motor integration and reading-related cognitive tasks. It was hypothesized that
2 visual-motor integration skills could explain the unique variance in Chinese reading
3 ability when reading-related cognitive skills were statistically controlled.

4 **Method**

5 **Participants**

6 61 children were recruited in the study, 19 of which were children with
7 developmental dyslexia (DD group), 18 were typically-developing children with the
8 same chronological age (CA group) and 24 were typically-developing but younger
9 children with the same reading level (RL group). The mean age of the children in the
10 RL group was 12 months younger than the dyslexics. All participants were
11 right-handed with normal intelligence and had normal or corrected-to-normal vision
12 without ophthalmologic or neurological abnormalities. No participant suffered from
13 attention deficit hyperactivity disorder (ADHD). All participants were recruited from
14 three primary schools in Beijing. This study was approved by the Ethics Committee of
15 the Institute of Psychology, Chinese Academy of Science and informed written
16 consent was obtained from the guardian of each participating child.

17 Combined Raven's Test (CRT) (Li, Chen, & Jin, 1989) and Chinese Character
18 Recognition Test (Wang & Tao, 1996) were administered to screen dyslexic children,
19 which were adopted from the studies conducted with Mandarin-speaking Chinese
20 participants (Meng, Cheng-Lai, Zeng, Stein, & Zhou, 2011; Wang, Bi, Gao, & Wydell,
21 2010). Combined Raven's Test (CRT) is a standard test for nonverbal intelligence
22 with six sets of twelve items. For each item, participants were shown a matrix with a

1 missing part. Then matrices comprised patterns and participants needed to complete
2 the patterns by selecting from six to eight options. The level of difficulty increases
3 with the test progress. The raw score was the number of correct choices, and the
4 standardized score was transformed from raw score based on the Chinese norms.
5 Chinese Character Recognition Test was adopted to test participants' character
6 recognition skill. In this test, participants were asked to write down a compound word
7 based on a written target character presented on the sheet. For example, a stimulus,
8 “草_____” is presented to participants, and the participants are required to create
9 a two- to three-character compound word (e.g. 草_____ -> 草地 [grassland] or
10 大草原 [prairie]). The participants can write down in Pinyin (a phonological coding
11 system that makes use of Roman letters to indicate pronunciations of Chinese
12 characters) instead of the character that they do not know how to write
13 (e.g. “草_____” -> 草 dì). In English this would be something like, given a
14 stimuli “**bow**”, participants are asked to write down a compound word such as
15 “**bowtie**” or “**rainbow**”. Each correct response was given one point. Characters were
16 divided into ten groups based on level of reading difficulty. The score for each group
17 was calculated by multiplying the total points by the corresponding coefficient of
18 difficulty. The final score for each participant was the sum of sub-scores for all ten
19 groups.

20 The inclusion criteria for dyslexics were that their IQs were normal ($IQ > 85$) and
21 Chinese character recognition scores were at least one and half standard deviations
22 below ($-1.5SD$) the average of the children in Grade-4. The chronological age (CA)

1 control children were Grade-4 children with normal vocabulary performance. The
2 reading level (RL) control children were recruited from Grade-3 whose Chinese
3 character recognition scores were the same as those in DD group. The results of the
4 initial screening tests are tabulated in Table 1.

5 *Insert Table 1 about here*


6 **Stimuli & Procedure**

7 The stimuli consisted of a battery of tests covering reading fluency, word
8 copying, visual-motor integration, phonological awareness, orthographic processing,
9 rapid naming and morphological awareness. Total testing time was approximately 50
10 minutes. Tests were randomly presented to each child during the testing. Each test is
11 described below in detail.

12 **Reading Chinese Character test.** This test was developed by Qian, Deng, Zhao,
13 and Bi (2015) which includes 160 high frequency Chinese characters that were
14 selected from the Modern Chinese Frequency Dictionary (1986). The children were
15 asked to read each character as quickly and accurately as possible, and the test lasted
16 one minute. The number of correct responses was summed up to represent the
17 children's reading ability. The reliability of this test (Cronbach's alpha) was 0.97.

18 **Two-Character Chinese Word copying test.** A similar copying test employed
19 by Tan et al. (2005) was used. 90 simple two-character Chinese words were selected
20 from Grade-3 textbooks. Children were given all words printed on one sheet, and
21 were asked to copy down as quickly and accurately as possible within 3 minutes. One
22 point was given when a word was correctly copied, and reliability of this test

1 (Cronbach's alpha) was 0.88.

2 **Visual-motor integration test.** A figure drawing task that is similar to the
3 Picture Quality Scale (Miyahara, Kotani, & Algazi, 1998) was administered. Six
4 geometric figures were printed on a sheet of paper, and the participating children were
5 asked to copy the figures without a time-limit. The geometric figure stimulus becomes
6 increasingly more complex (e.g., ) . It is assumed that copying these
7 geometric figures does not require language related skills such as phonological,
8 orthographic or semantic processing skills, and that the task can assess children's
9 visual-motor integration skills. Three undergraduate students evaluated the children's
10 performance on the task according to the four criteria, i.e., the ratios, orientation,
11 symmetry and position on a 5-point (1-5) scale. The evaluators' scores of the six
12 stimuli on the four criteria for each participant's performance were added (score
13 range=24-120) and average scores of three evaluators was regarded as final scores.
14 The inter-raters reliability of this test was 0.94.

15 **Phonological awareness test.** An oddball paradigm from Qian et al. (2015) was
16 adopted. Within a trial, three Chinese single-characters were presented orally by the
17 experimenter. The participating children were asked to point to a phonologically odd
18 item among them. There were three types of oddity, which were onset, rime and
19 lexical tone respectively. For example, the third syllable was the correct (oddity)
20 answer of /Hu3, Gu3 Shui3/ because "Hu3" and "Gu3" had the same rime "u", which
21 was different from "Shui3". Ten trails for each type of oddity were presented. The
22 number of correct responses was recorded. The reliability of this task (Cronbach's

1 alpha) was 0.76.

2 **Orthographic processing skills test.** A character judgment task from Qian and
3 Bi (2014) was adopted. This test consists of 40 real Chinese characters, 20
4 pseudo-characters and 20 non-characters. Pseudo-characters consisted of two
5 position-legal radicals (e.g. 舒). The radicals of non-characters (e.g. 𠄎) were in
6 illegal positions. The task was presented on a computer screen, whereby after a 500ms
7 fixation, a stimulus character was presented in isolation in the center of the computer
8 screen. The participating children were asked to judge whether a presented item was a
9 real Chinese character or not by pressing different buttons. Although
10 pseudo-characters and non-characters are not real characters, pseudo-characters
11 conformed to orthographic rules while non-characters did not. So, the different
12 performance between pseudo-character and non-character judgment reflected the
13 orthographic skills. Therefore, the reaction times of pseudo-characters and
14 non-characters were recorded.

15 **Rapid naming task.** This task (Denckla & Rudel, 1976) consisted of 5 digits
16 randomly selected from 0 to 9 (e.g., 9, 4, 7, 6, 2). Digits were presented visually in
17 random order on a six row × five column grid. The children were asked to name each
18 digit in sequence as quickly as possible and read all digits twice. Naming latencies
19 were recorded and the score was the average time of the two readings. The test-retest
20 reliability of this task was 0.78.

21 **Morphological awareness test.** A word creation task was similar to that used by
22 Shu et al. (2006). In this task, 12 two-syllable Chinese words (e.g., 草地/Cao3

1 Di4/[meaning grassland]) were presented on A4 paper. Within that two-morpheme
2 word, one morpheme was identified (e.g., 草/Cao3/). Children were asked to produce
3 two words containing the target morpheme. One of the morphemes had the same
4 meaning as the target morpheme (e.g., 小草/Xiao3 Cao3/ [meaning grass]). The other
5 morpheme had a different meaning from its original meaning (e.g., 草率/Cao3
6 Shuai4/ [meaning haste]). The maximum score was 24 (two points per trial) and the
7 reliability of this test was 0.73.

8 **Results**

9 **Word Copying, Visual-Motor Integration and Reading-Related Tests**

10 Table 2 shows the results of one-way ANOVAs as well as post-hoc Bonferroni
11 tests.

12 *Insert Table 2 about here*

13 Results showed that the DD-group performed significantly poorer than the
14 CA-group in all the tests administered except for phonological awareness and
15 pseudo-character judgment tests, but similarly to the RL-group (see Table 2). The
16 results thus suggested that DD-group had deficits in reading, morphological
17 awareness, non-character judgment, rapid naming and word copying. The DD-group
18 performed significantly poorer than both the CA- and RL-groups in the visual-motor
19 integration task, while there was no difference between CA- and RL-groups,
20 suggesting that visual-motor integration deficit was a kind of inherent deficit in
21 Chinese children with developmental dyslexia, and was not influenced by reading
22 experience.

1 **Correlation Coefficients among All Measures**

2 The relationships between variables were analyzed using Pearson’s
3 correlation, the results of which are shown in Table 3.

4 *Insert Table 3 about here*

5 As shown in Table 3, children’s reading skill was associated with phonological
6 awareness, pseudo-character (RTs)/ non-character (RTs) judgment, morphological
7 awareness, rapid naming, word copying and visual-motor integration skills
8 respectively. Most interestingly there was no significant correlation between word
9 copying and visual-motor integration skills. Possible reasons for this non-significant
10 correlation are explored in the discussion.

11 **Hierarchical Regression Analyses**

12 In order to examine the effects of word copying and visual-motor integration in
13 reading ability separate hierarchical regression analyses were conducted with reading
14 ability, word copying and visual-motor integration as the independent variables
15 respectively. Age and intelligence were controlled, which entered in the regression
16 models as Step 1. Then, phonological awareness, morphological awareness, rapid
17 naming, reaction time of pseudo-character and non-character entered in regression
18 models as Step 2. Finally, word copying and visual-motor integration entered in two
19 separate regression models as Step 3.

20 *Insert Table 4 & 5 about here*

21 Results showed that word copying could explain 16% ($df=60$, $\beta=0.42$, $p<0.01$) of
22 variance in reading. But word copying did not account for additional variance in

1 reading when reading-related cognitive skills, i.e., phonological awareness,
2 morphological awareness, rapid naming, reaction time of pseudo-character and
3 non-character, entered as Step 2, suggesting that word copying did not have
4 contribution to reading ability independently. Visual-motor integration could account
5 for 14% ($df=60$, $\beta=0.32$, $p<0.01$) of the variance in reading. Moreover, even when
6 reading-related cognitive skills and word copying were controlled visual-motor
7 integration could still explain 8% ($df=60$, $\beta=0.27$, $p<0.05$) of the variance. It indicated
8 that visual-motor integration exerted a significant and unique contribution over
9 Chinese reading.

10 **Discussion**

11 The present results can be summarized as follows: (i) the DD-group performed
12 poorer than the CA-group but similarly to the RL-group on reading, orthographic
13 processing skills, rapid naming, morphological awareness and word copying; (ii) the
14 DD-group performed significantly poorer than both the CA- and the RL-groups on
15 visual-motor integration; (iii) Reading performance significantly correlated with both
16 word copying and visual-motor integration skills, importantly word copying and
17 visual-motor performance skills were not interrelated (this is discussed in detail
18 below), (iv) Word copying explained 16% of the variance in reading when cognitive
19 skills were not controlled. However, when cognitive skills were controlled word
20 copying did not contribute uniquely to reading; and (v) visual-motor integration
21 explained 8% of the unique variance in reading when age, intelligence and cognitive
22 skills were controlled.

1 Thus, dyslexic children had a poorer word copying ability than age matched
2 children, and the performance on word copying significantly correlated with reading
3 performance and cognitive skills. The copying (word) materials in the present study
4 were selected from textbooks that the participating children have used, and thus they
5 were familiar with the stimuli's phonological, orthographic and semantic information.
6 Further there were significant correlations among word copying and reading related
7 skills including orthographic processing, morphological awareness and rapid naming,
8 and thus in order to ascertain unique contribution of word copying to reading, the
9 cognitive skills (e.g., morphological awareness, rapid naming, phonological
10 awareness) were statistically controlled in the current study. The results suggested that
11 word copying did not explain a unique variance in reading performance, indicating
12 that word copying was not an independent predictor of reading and the relationship
13 between word copying and reading was influenced by reading related skills, which
14 was not consistent with previous studies (e.g., Tan et al., 2005). The discrepancy in
15 the results between Tan et al.'s study and the current study can be simply due to the
16 fact that Tan et al. did not control reading-related cognitive skills such as
17 morphological awareness and orthographic processing when measuring/analyzing the
18 word copying skills, and therefore the significant link between reading and copying
19 skills might have emerged inappropriately.

20 The copying materials used in McBride-Chang et al.'s (2011) study were selected
21 from Korean, Vietnamese and Hebrew, and the orthographic structures and
22 print-sound mappings of these scripts are different from those of Chinese characters.

1 Furthermore, since children in Hong Kong were unfamiliar with these copying
2 materials, McBride-Chang et al.'s rationale for using these foreign scripts (to Chinese
3 participating children) was that their participating children were not able to access
4 phonological, orthographic and semantic information inherent to these scripts. Thus
5 the linguistic cognitions for Chinese could not exert their influence over the copying
6 task in McBride-Cheng et al.'s study.

7 A close inspection into the stimuli used by McBride-Chang et al. for copying
8 revealed the following: (a) there are some orthographic similarities between the
9 Chinese characters and the copying stimuli in Korean, and (b) Vietnamese uses
10 European alphabets though requiring diacritic symbols. Only Hebrew stimuli look
11 very different from the Chinese characters. However, the authors noted, "...We
12 incorporated Hebrew writing only approximately halfway through our study, so that
13 task was administered to only a subset of the children ..." (McBride-Chang et al.,
14 2011, p.425). Therefore their copying stimuli, in particular, in Korean and Vietnamese
15 might not have been as unfamiliar to the participating Chinese children in Hong Kong
16 as the authors hoped. Therefore the data from McBride-Chang et al.'s copying task
17 might not warrant their assertion that copying skills in their study reflected pure
18 copying abilities.

19 In the present study, it was hypothesized that visual-motor integration deficit
20 might be another possible basic deficit in Chinese children with developmental
21 dyslexia. As shown in the results the dyslexic children in the current cohort performed
22 significantly poorer on the visual-motor integration test than the CA-group, which is

1 consistent with the previous study conducted in Arabic in Oman (Emam & Kazem,
2 2014). Furthermore, the current study found that the Chinese dyslexics in the current
3 cohort also performed poorer on the visual-motor integration task than the RL-group,
4 indicating that a visual-motor integration deficit may not be caused by a lack of
5 reading experience, and instead may be a kind of inherent deficit in Chinese children
6 with developmental dyslexia.

7 The current results also revealed that visual-motor integration was not related
8 with word copying. In the word copying task, the participants copied familiar Chinese
9 characters whose phonological, morphological and orthographic information were
10 known to the participants. In contrast in the visual-motor integration test, the
11 participants were asked to copy hitherto unseen complex geometric figures without
12 any linguistic information. In the present results, the correlations between
13 reading-related cognitive skills and word copying were moderate (range of correlation
14 coefficients: 0.17-0.44), but much smaller with visual-motor integration (range of
15 correlation coefficients: 0.11-0.26). This suggests that copying familiar scripts might
16 depend on reading-related cognitive skills while it did not depend on visual-motor
17 integration. Visual-motor integration is known to be dependent on basic visual
18 perception (Decker, Englund, Carboni, & Brooks, 2011). Furthermore, the poor
19 performance of the children with dyslexia on word copying test might be due to lack
20 of reading experience/lower level of attainment in reading. The visual-motor
21 integration skills appear to develop very early in typically developing children.
22 Although the children in the RL-group were younger than the children in the

1 DD-group, they still had similar visual-motor integration ability as those in the
2 children in the CA-group. Thus, the correlation between word copying and
3 visual-motor integration was not significant because these two copying tasks may
4 depend on different cognitive skills.

5 The current study indicated that word copying and visual-motor integration have
6 different predictive effects on reading performance. Reading-related cognitive skills
7 played important roles in the relationship between reading and copying familiar
8 characters. Only visual-motor integration exerted its unique contribution to reading
9 performance, especially to reading Chinese when cognitive skills and word copying
10 were controlled. Visual-motor integration is thought to combine the visual-spatial
11 information of the character and finger-hand motor component (Gabbard, Goncalves,
12 & Santos, 2001). Considering the high, nonlinear visual complexity of Chinese
13 characters (Tan et al., 2005), Chinese children are forced to discriminate differences in
14 structures of characters when they read in Chinese. Identifying the visual-spatial
15 components can help not only Chinese children to learn the shape of characters but
16 also to track their stroke sequences of characters when they learn to read (Maldarelli,
17 Kahrs, Hunt, & Lockman, 2015). Thus, visual-motor skill might be especially
18 important for Chinese children's reading ability. On the other hand, neuroimaging
19 studies on motor memory showed that written Chinese character recognition is
20 mediated by the posterior portion of the left middle frontal gyrus (Tan, Laird, Li, &
21 Fox, 2005), suggesting that motor system may have influence on Chinese reading.
22 Studies on functional connectivity analyses of neural pathways in reading showed that

1 the visual presentation of alphabetic letters but not pseudo-letters activated an area of
2 the left premotor cortex (BA6) which was also activated when the letters were being
3 written by dictation (Longcamp, Anton, Roth, & Velay, 2003). Supplementary motor
4 cortex, along with Broca's area (i.e., the ventral prefrontal area) is relevant to
5 grapheme-to-phoneme conversions (Fiez, Balota, Raichle, & Petersen, 1999) and
6 subvocal rehearsal component of phonological process (Chein, Ravizza, & Fiez,
7 2003). Similarly, He et al. (2003) showed that reading in Chinese recruited a neural
8 circuit linking Broca's area in the supplementary motor area and premotor cortex.
9 Visual-motor integration coordinated finger motion and visual stimulation to form
10 handwriting mode and then facilitate the premotor and supplementary motor areas
11 (Ledberg, Bressler, Ding, Coppola, & Nakamura, 2007). Eventually, motor system,
12 along with phonological network, is able to enhance word recognition in cognitive
13 system and Chinese reading (Perfetti & Tan, 2013; Zhang et al., 2017).

14 In summary, the current study found that Chinese children with developmental
15 dyslexia exhibited deficits both in word copying and visual-motor integration.
16 Moreover, visual-motor integration uniquely contributed to reading which was
17 independent of, and over and the above the contribution of word copying to reading,
18 suggesting that visual-motor integration, not word copying, played an essential and
19 independent role in Chinese reading. Thus, by combining motor function and visual
20 process, visual-motor integration can help children to acquire motor information of
21 Chinese characters that they are reading. These motor information facilitates the
22 consolidation process of lexical representations in the cognitive system. As a result,

1 children with better visual-motor integration ability perform better in Chinese reading.

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1 Tables

Table 1

Means(M), Standard Deviations(SD) and ANOVAs For Information Of Participants

	DD group (N=19)	CA group (N=18)	RL group (N=24)	F
	<i>M (SD)</i>	<i>M (SD)</i>	<i>M (SD)</i>	
Age (years)	9.10 (0.31)	9.10 (0.13)	8.01 (0.28)	127.39**
CCRT ^a	1404.18 (244.77)	2377.81 (112.36)	1399.43 (189.67)	165.33**
CRT ^b	111.63 (17.75)	114.06 (9.86)	114.88 (9.10)	0.37

Note: * $p < 0.05$, ** $p < 0.01$. ^a CCRT Chinese Character Recognition Test, ^b CRT Combined Raven's Test.

2

Table 2

Means(M), Standard Deviations(SD) and ANOVAs(Fs) for All Measures for Children with and without Dyslexia

Variables	DD group	CA group	RL group	F	Post hoc comparisons
	<i>M (SD)</i>	<i>M (SD)</i>	<i>M (SD)</i>		($p < 0.05$)
Reading fluency	70.79 (16.34)	91.11 (11.92)	73.96 (15.55)	10.15**	DD=RL<CA
Phonological awareness	16.26 (4.36)	18.78 (5.47)	17.42 (2.81)	1.63	DD=CA=RL
Pseudo-character RT (ms)	1176.62 (255.93)	1053.96 (196.29)	1174.93 (242.83)	1.70	DD=CA=RL
Non-character RT (ms)	940.80 (142.84)	839.64 (119.73)	952.87 (122.29)	4.53*	CA<DD=RL
Rapid naming (s)	12.88 (2.34)	10.68 (2.03)	12.95 (2.67)	5.55**	CA<DD=RL
Morphological awareness	13.47 (3.34)	16.94 (3.19)	14.54 (3.36)	5.35**	DD=RL<CA
Word copying	29.32 (8.48)	34.28 (5.37)	28.25 (5.47)	5.26**	DD=RL<CA
Visual-motor integration	101.21 (6.80)	107.78 (6.75)	106.92 (6.32)	5.63**	DD<CA=RL

Visual-motor integration and reading Chinese in children with/without dyslexia

Note: * $p < 0.05$, ** $p < 0.01$

Table 3

Correlations among All Individual Tasks

	1	2	3	4	5	6	7	8	9	10
1.Age	-	-0.37**	0.43**	0.26*	-0.30**	-0.42**	-0.38**	0.17	0.39**	0.03
2. Intelligence		-	-0.05	-0.05	0.06	0.05	0.01	0.12	0.03	0.23*
3. Reading fluency			-	0.33**	-0.24*	-0.37**	-0.45**	0.42**	0.29**	0.26*
4. Phonological awareness				-	-0.15	-0.28**	-0.35**	0.46**	0.17	0.11
5. Pseudo-character RT					-	0.78**	0.13	-0.24*	-0.29**	-0.09
6. Non-character RT						-	0.34**	-0.36**	-0.38**	-0.18
7. Rapid naming							-	-0.52**	-0.44**	-0.26*
8. Morphological awareness								-	0.28**	0.21*
9. Word copying									-	0.16
10. Visual-motor integration										-

Note: * $p < 0.05$, ** $p < 0.01$

2

Table 4

Hierarchical Regressions Explaining Reading by Word Copying

Step	ΔR^2	β	t
Age and Raven (CRT) controlled			
Step 1	0.08*		
1. Age		0.30	2.69**

Visual-motor integration and reading Chinese in children with/without dyslexia

1. Raven (CRT)		0.10	0.94
Step 2	0.16**		
2. Word copying		0.42	3.38**
Age, Raven (CRT) and reading related cognitive skills controlled			
Step 1	0.06*		
1. Age		0.31	2.82**
1. Raven (CRT)		0.13	1.18
Step 2	0.27**		
2. Phonological awareness		0.04	0.33
2. Character RT		0.11	0.47
2. Pseudo-character RT		0.01	0.02
2. Non-character RT		-0.09	-0.37
2. Rapid naming		-0.59	-4.87**
2. Morphological awareness		-0.17	-1.43
Step 3	0.02		
3. Word copying		0.17	1.15

Note: * $p < 0.05$, ** $p < 0.01$

1

Table 5

Hierarchical Regressions Explaining Reading by Visual-Motor Integration

Step	ΔR^2	β	t
Age and Raven (CRT) controlled			

Visual-motor integration and reading Chinese in children with/without dyslexia

Step 1	0.08*		
1.Age		0.30	2.69**
1. Raven (CRT)		0.10	0.94
Step 2	0.14**		
2. Visual-motor integration		0.32	3.16**
Age, Raven (CRT), reading related cognitive skills and word copying controlled			
Step 1	0.09*		
1.Age		0.31	2.82**
1. Raven (CRT)		0.13	1.18
Step 2	0.27**		
2. Phonological awareness		0.04	0.33
2. Character RT		0.11	0.47
2. Pseudo-character RT		0.01	0.02
2. Non-character RT		-0.09	-0.37
2. Rapid naming		-0.59	-4.87**
2. Morphological awareness		-0.17	-1.43
Step 3	0.02		
3. Word copying		0.16	1.13
Step 4	0.08*		
4. Visual-motor integration		0.27	2.70*

Note: * $p < 0.05$, ** $p < 0.01$